

Tuesday, November 10. 2009

Thinking through the Body

Allan Schore ist ein bedeutender Forscher im Bereich von Neuropsychologie, Neuropsychiatrie und Entwicklungspsychologie. Seine Arbeiten zur Entwicklung von Bindungsverhalten und der interaktiven Regulierung von Affekten und Verhalten nicht nur bei Säuglingen und Kleinkindern, sondern auch in anderen zwischenmenschlichen Erfahrungsbereichen sind überaus lesenswert. Schore gehört der "clinical faculty of the Department of Psychiatry and Biobehavioral Sciences", der "UCLA David Geffen School of Medicine" und dem "UCLA Center for Culture, Brain, and Development" an. Im Internet ist ein sehr schönes Interview mit ihm zu lesen, ein Auszug: "I've come to the conclusion that concept of regulation and self regulation, now being used in all of the sciences and in developmental psychology, is the organising principle. Attachment is now thought of as the dyadic regulation, the interactive regulation of emotion. Also, in developmental psychology it's now thought that the capacity for attachment originates during these affect regulation experiences. In the psycho-biology of attachment, it's thought that the mother is acting as a regulator of not only the infants behaviour but of its covert physiology. What I'm suggesting is that this social experience is impacting the development of the regulatory systems in the brain that regulate all forms of cognition, affect and behaviour. In fact, it's been said recently that the attempt to regulate affect to minimise unpleasant feelings and to maximum pleasant ones is the driving force in human motivation. So, again, in psychiatry regulation is now being seen as the work of any intimate pair. In adult psychiatry the loss of the ability to regulate feelings is seen as the most far reaching effect of trauma etc.".Zum vollständigen Interview...

Posted by Tom Levold in Links at 00:00